

## SELF-MANAGING MEDICATION DECLARATION

Participant's Details	
Name:	Date:

**By signing below, I declare that I will be managing my own medication and do not require any assistance.**

My responsibilities in managing my own medication:

- Ensuring that all my medications are within their expiry date. (If any of my medication has passed their expiry date, I can discuss this with Australian Quality Care staff).
- Informing Australian Quality Care of any difficulties that I may encounter while self-administering my medication, including if I experience any problems with swallowing.
- Ensuring that I always have sufficient supply of all my medication in accordance with my prescriptions.
- Advising Australian Quality Care if I am taking any non-prescription medications such as Panadol on an 'as required' basis (e.g., for pain relief).
- Providing Australian Quality Care with an up-to-date list of all my current medication and informing them of any changes that may occur to this list. This list should include complementary medications or self-selected (non-prescription) medications that I may be taking.
- Speaking to a member of staff if I am having difficulties with administering my own medication or if I have any questions.
- Ensuring that my medication is always secure in my room.

### **Note from Australian Quality Care Pty Ltd:**

We acknowledge and encourage residents to maintain their independence for as long as possible in a safe and effective manner. As an approved Level 3 supported accommodation facility and registered NDIS Service Provider, we also have a duty of care to ensure that your medication is managed safely and effectively, and we seek your cooperation to make this possible.

This is a similar process to other assessments taken to determine your care needs. We may also need to check with you from time to time to ensure that you are still managing this task to determine whether there is any further support or assistance we may need to provide.

- Australian Quality Care maintains the right to inform the treating doctor that you have elected to manage your own medication.
- Should your room be unattended and left unlocked/open and staff notice that your medication is not secure, the room may be locked immediately.
- Should management become aware that you are misusing medication or not taking medication in accordance with your treating doctor's orders, management may notify your treating doctor immediately.
- Australian Quality Care and its staff do not take responsibility for any residents who manage their own medication.

**Signature of Participant**

\*Or signature of person acting on authority under Guardianship Administration Act 2000 or Powers of Attorney Act 1998 for the person named above, OR an Informal Decision Maker (must have an Informal Decision Maker Details Form-1066 signed) for the person named above.

**Print Name**

**Signature**

**Date**

**In the presence of (Witness)**

**Print Name**

**Signature**

**Date**