

# MEDICATION SUPPORT PLAN FOR

[Blank white rounded rectangle for patient name]

Plan developed by:	Signature:	Date of review:

**REASON FOR PLAN:** (Describe reasons why the person requires a support plan)

*For example, Don needs help remembering to take his medication. Please remind him each time a medication is due.*

A large, empty light gray rectangular area intended for text input, occupying the central portion of the page below the example text.

## IMPORTANT THINGS TO REMEMBER TO KEEP ME SAFE:

(List any additional plans the person has that may relate to medication)

### For example:

- *Don needs to use thickened fluids to swallow medication – read the Mealtime Support Plan to know how to support him to take oral medication.*
- *Don has a health action plan related to the following medication: Ventolin – read the Asthma Action Plan to know how to support him.*

## MY MEDICATION LIST: (List both prescribed and PRN medications)

### My prescribed medication

For example:

Medication	How it is taken	Where it is kept	Notes: e.g. • Taken with or without food • Stored at certain temperature
Digoxin	By mouth. Don likes to have it with his coffee	Blister Pack	Nil

## MY PRN (as needed) medication:

For example:

Medication	Purpose	Indications for use	How is it taken	Where is it kept	Notes e.g
Ventolin	Asthma	<ul style="list-style-type: none"> <li>• Wheeze</li> <li>• Short of breath</li> <li>• Don asks for it</li> </ul>	Puffs. Don can do this himself.	Don has one in his backpack and there are spares in the medication cupboard.	<p>When one finishes, encourage Don to buy a new one at the pharmacy.</p> <p>Ventolin is part of Don's Asthma Action Plan.</p>